

SOUTH TARRANT VALLEY PARISH COUNCIL
(Tarrants Crawford, Keyneston, Rawston and Rushton)
Telephone: 07706 490 077

Email: southtarrantvalley@dorset-aptc.gov.uk

20th March 2020

Dear Resident

Here's some information we've gathered to share while we all deal with the many and different challenges being faced during the Coronavirus outbreak. We know there's a lot of helping going on already in our Parish so thank you to everyone for that.

The True Lover's Knot - food and general provisions **Telephone 01258 452209**

"We have a supply of food, drink and 'toilet rolls', so if you need any let us know.

We can also bulk buy the fresh essentials such as milk, vegetables, bread and meat from our suppliers and sell to you at cost.

We can have it ready for you to pick up or arrange a drop to you if you are self-isolating.

We are also setting up a takeaway menu from Monday 23rd March

Pre-order by 4pm for collection between 6.00pm-8.00pm - Pay by Card on order

We can also deliver to Tarrant Keyneston, Tarrant Rushton & Ashley Wood Park homes"

Rawston Farm Butchery and Farm shop – food **Telephone 07796 801 525**

Taking pre-booked orders for collection or delivery within a 5 mile radius

Opening times Monday - Saturday 8.00-5.00 and Sunday 10.00-4.00

Email: info@rawstonfarmbutchery.co.uk

Help for either yourself or others

Here are the contact details for local councillors between 9am and 6pm. They may be able to help or alternatively find help with shopping, medication etc

Tarrant Crawford: Nick Parker 07836 265756

Tarrant Keyneston: Debbie Beale 01258 453686
email dandpbeale@gmail.com

Chris Garland 01258 480293
Pam Eaton 01258 454559 (After 16th April)
email pamelaeaton0@gmail.com

Stuart Thomson 07979 797889
Maggie Topliss email toplissmargaret@gmail.com

Tarrant Rawston: James Cossins 07836 729475

Tarrant Rushton: Tim Munford 07867 872 377

Some information on finding help taken from Dorset Council's website as at 18th March 2020: (dorsetcouncil.gov.uk/emergencies-severe-weather/emergencies/coronavirus/co-ordinated-community-response.aspx)

Age UK (North, South and West Dorset)
Monday to Friday, 9am to 4pm

Telephone 01305 269444

Coordinating requests for help with issues relating to wellbeing, loneliness and isolation, or support in accessing items such as food, cash or medication.

Email: enquiries@ageuknswd.org.uk

Citizens Advice
Monday to Friday, 10am to 4pm

Call the Dorset Adviceline on 0344 411 1444

Continues to provide free, independent and confidential advice and information. A full range of advice including help with:

- Benefits entitlement and claims
- Debt management and budgeting
- Employment advice including Statutory Sick Pay and rights when laid off work
- Advice for the self employed

Or email the local branch (Central) at westdorsetca.org.uk/gillingham-email-form

The Silverline
(www.thesilverline.org.uk/what-we-do/)

Telephone 0800 4708090

Confidential, free helpline for people over 55 across the UK open every day and night offering information, advice and friendship.

68% of calls to the helpline are made at night and weekends.

Volunteer Centre Dorset
(www.volunteeringdorset.org.uk/)

Telephone 01305 269214

Contact them if you'd like volunteer to support the local community and organisations.

Email info@volunteeringdorset.org.uk

Finally – please take extra care over phone and email scammers and cold callers.

Genuine volunteers won't be offended if you ask them for some identification.